HEAD START ON SITE
MENTAL HEALTH OBSERVATION REPORT

Name of program: __________________ Date of visit: ________________

# Children observed: __________________

Using (1) as the lowest score, (5) as the highest, and (6) no opportunity to observe, rate the following statements:

1. It is easy to orient yourself and make "sense" of the classroom. 1-2-3-4-5-6
   Describe the "tone" of the classroom. Is there a feeling of pleasure and well-being? What makes you feel that this is a place for children? __________________________________________________________

2. There is a great deal of spontaneous laughter, exclamations of excitement related to activities. 1-2-3-4-5-6
3. There is an easy mix of group and individual experiences. 1-2-3-4-5-6
4. Play and learning areas appear neat and attractive. 1-2-3-4-5-6
5. Children appear trustful of teachers. 1-2-3-4-5-6
6. Children seem familiar with rules and daily schedule. 1-2-3-4-5-6
7. Children usually seem contented and calm, not agitated and restless. 1-2-3-4-5-6
8. Children are talked to, never threatened or yelled at. 1-2-3-4-5-6
9. Children are encouraged to be independent. 1-2-3-4-5-6
10. Children have a scheduled time to talk and express their ideas during the day. 1-2-3-4-5-6
11. Children are given tasks that challenge their present level of understanding. 1-2-3-4-5-6
12. Children seem curious and ask questions. 1-2-3-4-5-6
13. Physical needs of the children are closely monitored and followed up. 1-2-3-4-5-6
14. Teachers seem to know their responsibilities. 1-2-3-4-5-6
15. Teachers seem observant of what is happening with children at all times. 1-2-3-4-5-6
16. Teachers view children as changeable from day to day rather than strictly "bad vs good". 1-2-3-4-5-6
17. Teachers welcome ideas, assistance, and ask questions. 1-2-3-4-5-6
18. Teachers relate in a positive way to children. 1-2-3-4-5-6
19. Teachers are adept at altering schedule to meet a need. 1-2-3-4-5-6
20. Teachers understand children and developmental levels, e.g., they do not rely on written program vs adapting an idea. 1-2-3-4-5-6
21. Teachers display self-confidence and enthusiasm. 1.2.3.4.5.6

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HS-58(a)
22. Teachers have a sense of humor. 1-2-3-4-5-6
23. Teachers try to talk with (reason with) children to find out what’s bothering them and solutions to problems. 1-2-3-4-5-6
24. Teachers seem well informed about each child's needs (strengths, weaknesses, emotions). 1-2-3-4-5-6
25. Teacher's attitude toward a disabled child is such that will elicit positive change. 1-2-3-4-5-6
26. Teachers show patience and take time with children’s questions. 1-2-3-4-5-6
27. Teachers encourage children to help each other. 1-2-3-4-5-6
28. Teachers show praise for children's positive actions. 1-2-3-4-5-6
29. Teachers show a range of honest feelings without losing control of themselves or the situation. 1-2-3-4-5-6
30. Teachers show consistency between what is said and what is done. 1-2-3-4-5-6
31. Teachers lend a hand before children are overwhelmed with frustration. 1-2-3-4-5-6
32. Teachers make efforts to reach quiet, withdrawn children. 1-2-3-4-5-6
33. Teachers show pleasure in their handling of the children. 1-2-3-4-5-6
34. Teachers use discipline wisely and appropriately. 1-2-3-4-5-6
35. Teacher/Director and Assistants share responsibilities rather than the Director demanding authority to self only. (How well does she delegate responsibility?) 1-2-3-4-5-6
36. Teachers try to work out own solutions to problems. 1-2-3-4-5-6
37. Teachers can adapt to a crisis; they do not wait for someone else to act. 1-2-3-4-5-6
38. Teachers seem to cooperate with one another and work well together. 1-2-3-4-5-6
39. Teachers accept each child and try to help parents do the same. 1-2-3-4-5-6
40. Teachers seem to know family of each child. 1-2-3-4-5-6
41. Parents are seen interacting with children. _____ Yes _____ No

**Any number below (3) will have a recommendation for improvement.

Comments and recommendations: ____________________________________________________________
______________________________________________________________________________________
______________________________________________________________________________________
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Head Start Mental Health Consultant

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