Dear Parent:

__________________________ needs a physical. A current physical is a requirement of Head Start and is mandated by the Federal Government.

Yearly physicals are an important part of on-going medical care (the medical home). The physical examination is a good way to monitor health, growth, and development. Potential health problems can quickly be identified and treated.

Medical care is the responsibility of all parents. If you are having problems getting this medical care, please contact ________________, Family Service Staff, at ______________ or Sandra Johnson, Health Specialist, at (870) 462-8437. We will help you fulfill this responsibility for your child.

Thank you,

Head Start Staff

__________________________
Signature of Parent/Guardian

__________________________
Date