Dear Parent:

On ______________ you were notified that __________________ has not had a physical examination. Head Start requires all children to have a yearly examination. We urge you to make an appointment.

Maintaining good physical care helps keep __________________ healthy. This also teaches __________________ the importance of having regular physical care.

If you have any questions or problems, please contact __________________ at _____________ or Sandra Johnson, Health Specialist, at (870) 462-8437.

We appreciate you taking the responsibility for __________________ physical health.

Thank you,

Head Start Staff